

# Learning Options in Reinforcement Learning

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**Abstract.** Temporally extended actions (e.g., macro actions) have proven very useful in speeding up learning, ensuring robustness and building prior knowledge into AI systems. The options framework (Precup, 2000; Sutton, Precup & Singh, 1999) provides a natural way of incorporating such actions into reinforcement learning systems, but leaves open the issue of how good options might be identified. In this paper, we empirically explore a simple approach to creating options. The underlying assumption is that the agent will be asked to perform different goal-achievement tasks in an environment that is otherwise the same over time. Our approach is based on the intuition that “bottleneck” states, i.e. states that are frequently visited on system trajectories, could prove to be useful subgoals (e.g. McGovern & Barto, 2001; Iba, 1989).

We present empirical studies of this approach in two gridworld navigation tasks. One of the environments we explored contains bottleneck states, and the algorithm indeed finds these states, as expected. The second environment is an empty gridworld with no obstacles. Although the environment does not contain bottleneck states, our approach still finds useful options, which essentially allow the agent to travel around the environment more quickly.

## 1 Introduction

Temporally extended actions (e.g., macro actions) have proven very useful in speeding up learning and planning, ensuring robustness and building prior knowledge into AI systems (e.g., Fikes, Hart, and Nilsson, 1972; Newell and Simon, 1972; Sacerdoti, 1977; Korf, 1987; Laird et al., 1986; Minton, 1988; Iba, 1989). More recently, the topic has been explored in the context of Markov Decision Processes (MDPs) and reinforcement learning (RL) (e.g., Singh, 1992; Parr, 1998; Dietterich, 1998; Precup, 2000). The options framework (Precup, 2000; Sutton, Precup & Singh, 1999) provides a natural way of incorporating extended actions into reinforcement learning systems. An option is specified by a set of states in which the option can be initiated, an internal policy and a termination condition. If the initiation set and the termination condition are specified, traditional reinforcement learning methods can be used to learn the internal policy of the option.

One interesting issue that is left open in the options framework is that of automatically finding initiation sets and termination conditions for options. In this paper, we empirically explore a simple approach to creating options. The underlying assumption

is that the agent will be asked to perform different goal-achievement tasks in an environment that is otherwise the same over time. Our approach is based on the intuition that “bottleneck” states, i.e., states that are frequently visited on system trajectories, could prove to be useful subgoals (e.g. McGovern & Barto, 2001; Iba, 1989). The agent is first allowed to explore the environment and gather statistics, based on which it chooses potential subgoals and initiation states for the options. In the second phase, the agent learns the internal policies of the options. Once these are learned, the agent can use the options to solve the goal-achievement tasks it is presented with.

We present empirical studies of this approach in two gridworld navigation tasks. One of the environments we explored contains bottleneck states, and the algorithm indeed finds these states, as expected. The second environment is an empty gridworld with no obstacles. Although the environment does not contain bottleneck states, this approach still finds useful options, which essentially allow the agent to travel around the environment more quickly.

The paper is organized as follows. In section 2 we introduce the basic reinforcement learning notation. Section 3 contains the definition of options and SMDP Q-learning, the main algorithm we use for learning how to choose among options. In section 4 we describe our algorithm for automatically creating options. Section 5 contains empirical results of this algorithm for two gridworld tasks, and a discussion of the behavior we observed.

## 2 Reinforcement Learning

Reinforcement learning (RL) is a computational approach to automating goal-directed learning and decision making (Sutton & Barto, 1998). It encompasses a broad range of methods for determining optimal ways of behaving in complex, uncertain and stochastic environments. Most current RL research is based on the theoretical framework of Markov Decision Processes (MDPs) (Puterman, 1996). MDPs are a standard, very general formalism for studying stochastic, sequential decision problems. In this framework, the agent takes a sequence of primitive actions paced by a discrete, fixed time scale. On each time step  $t$ , the agent observes the state of its environment,  $s_t$ , contained in a finite discrete set  $\mathcal{S}$ , and chooses an action,  $a_t$ , from a finite action set  $\mathcal{A}$  (possibly dependent on  $s_t$ ). One time step later, the agent receives a reward  $r_{t+1}$  and the environment transitions to a next state,  $s_{t+1}$ . For a given state  $s$  and action  $a$ , the expected value of the immediate reward is  $r_s^a$  and the transition to a new state  $s'$  has probability  $p_{ss'}^a$ , regardless of the path taken by the agent before state  $s$ . A way of behaving, or *policy*, is defined as probability distribution for picking actions in each state:  $\pi : \mathcal{S} \times \mathcal{A} \rightarrow [0, 1]$ . The goal of the agent is to find a policy that maximizes the total reward received over time. For any policy  $\pi$  and any state  $s \in \mathcal{S}$ , the value of taking action  $a$  in state  $s$  under policy  $\pi$ , denoted  $Q^\pi(s, a)$ , is the expected discounted future reward starting in  $s$ , taking  $a$ , and henceforth following  $\pi$ :

$$Q^\pi(s, a) \stackrel{\text{def}}{=} E_\pi \left\{ r_{t+1} + \gamma r_{t+2} + \dots \mid s_t = s, a_t = a \right\}.$$

The *optimal* action-value function is:

$$Q^*(s, a) \stackrel{\text{def}}{=} \max_{\pi} Q^{\pi}(s, a).$$

In an MDP, there exists a unique optimal value function,  $Q^*(s, a)$ , and at least one optimal policy,  $\pi^*$ , corresponding to this value function:  $\pi^*(s, a) > 0$  iff  $a \in \arg \max_{a' \in \mathcal{A}} Q^*(s, a')$ . Many popular reinforcement learning algorithms aim to compute  $Q^*$  (and thus implicitly  $\pi^*$ ) based on the observed interaction between the agent and the environment. The most widely-used is probably Q-learning (Watkins, 1989), which allows learning  $Q^*$  directly from interaction with the environment. The agent updates its value function as follows:

$$Q(s_t, a_t) \leftarrow Q(s_t, a_t) + \alpha(r_{t+1} + \gamma \max_{a' \in \mathcal{A}} Q(s_{t+1}, a') - Q(s_t, a_t))$$

Q-learning has been shown to converge in the limit, with probability 1, to the optimal value function  $Q^*$ , under standard stochastic approximation assumptions.

### 3 Options

Options (Precup, 2000; Sutton, Precup & Singh, 1999) are a generalization of primitive actions to include temporally extended courses of action. Options consist of three components: a policy  $\pi : \mathcal{S} \times \mathcal{A} \mapsto [0, 1]$ , a termination condition  $\beta : \mathcal{S} \mapsto [0, 1]$ , and an input set  $I \subseteq \mathcal{S}$ . An option  $\langle I, \pi, \beta \rangle$  is available in state  $s$  if and only if  $s \in I$ . If the option is taken, then actions are selected according to  $\pi$  until the option terminates stochastically according to  $\beta$ . That is, in state  $s_t$  the next action  $a_t$  is selected according to the probability distribution  $\pi(s_t, \cdot)$ . The environment then makes a transition to state  $s_{t+1}$ , where the option either terminates, with probability  $\beta(s_{t+1})$ , or else continues, determining  $a_{t+1}$  according to  $\pi(s_{t+1}, \cdot)$ , possibly terminating in  $s_{t+2}$  according to  $\beta(s_{t+2})$ , and so on. When the option terminates, then the agent has the opportunity to select another option.

Note that primitive actions can be viewed as a special case of options. Each action  $a$  corresponds to an option that is available whenever  $a$  is available ( $I = \{s : a \in \mathcal{A}_s\}$ ), that always lasts exactly one step ( $\beta(s) = 1, \forall s \in \mathcal{S}$ ), and that selects  $a$  everywhere ( $\pi(s) = a, \forall s \in I$ ). Thus, we can consider the agent's choice at each time to be entirely among options, some of which persist for a single time step, others which are temporally extended.

It is natural to generalize the action-value function to an *option*-value function. We define  $Q^{\mu}(s, o)$ , the value of taking option  $o$  in state  $s \in I$  under policy  $\mu$ , as

$$Q^{\mu}(s, o) \stackrel{\text{def}}{=} E \left\{ r_{t+1} + \gamma r_{t+2} + \gamma^2 r_{t+3} + \dots \mid E(o\mu, s, t) \right\}, \quad (1)$$

where  $o\mu$  denotes the policy that first follows  $o$  until it terminates and then initiates  $\mu$  in the resulting state, and  $E(o\mu, s, t)$  denotes the execution of  $o\mu$  in state  $s$  starting at time  $t$ .

Options are closely related to the actions in a special kind of decision problem known as a *semi-Markov decision process*, or *SMDP* (e.g., see Puterman, 1994). In fact,

any MDP with a fixed set of options is an SMDP. Accordingly, the theory of SMDPs provides an important basis for a theory of options.

The problem of finding an optimal policy over a set of options  $O$  can be addressed by learning methods. Because the MDP augmented by the options is an SMDP, we can apply SMDP learning methods as developed by Bradtke and Duff (1995), Parr and Russell (1997), Mahadevan (1996), or McGovern, Sutton and Fagg (1997). When the execution of option  $o$  is started in state  $s$ , we next jump to the state  $s'$  in which  $o$  terminates. Based on this experience, an option-value function  $Q(s, o)$  is updated. For example, the SMDP version of one-step Q-learning (Bradtke and Duff, 1995), updates the value function after each option termination by

$$Q(s, o) \leftarrow Q(s, o) + \alpha \left[ r + \gamma^k \max_{a \in O} Q(s', a) - Q(s, o) \right], \quad (2)$$

where  $k$  denotes the number of time steps elapsing between  $s$  and  $s'$ ,  $r$  denotes the cumulative discounted reward over this time, and it is implicit that the step-size parameter  $\alpha$  may depend arbitrarily on the states, option, and time steps. The estimate  $Q(s, o)$  converges to the optimal value function over options,  $Q_O^*(s, o)$  for all  $s \in \mathcal{S}$  and  $o \in O$  under conditions similar to those for conventional Q-learning (Parr, 1998).

## 4 Finding Options

If an initiation set and a termination condition are specified, the internal policies of options can be learned using standard RL methods (e.g. Q-learning, like in Precup, 2000). But the key issue remains how to select good termination conditions and initiation sets. Intuitively, it is clear that different heuristics would work well for different kinds of environments.

In this paper, we assume that the agent is confronted with goal-achievement tasks, which take place in a fixed environment. This setup is quite natural when thinking about human activities. For instance, every day we might be cooking a different breakfast, but the kitchen layout is the same from day to day.

We allow the agent to explore the environment ahead of time, in order to learn options. The option finding process is based on posing a series of random tasks in this environment and letting the agent solve them. During this time, the agent gathers statistics regarding the frequency of occurrence of different states. Our algorithm is based on the intuition that, if states occur frequently on trajectories that represent solutions to random tasks, then these states may be important. Hence, we will learn options that use these states as targets. The options finding algorithm is described in detail below.

1. Select at random a number of start states  $S$  and target states  $T$  that will be used to generate random tasks for the agent.
2. For each pair  $\langle S, T \rangle$ 
  - (a) Perform  $N_{train}$  episodes of Q-learning, to learn a policy for going from  $S$  to  $T$
  - (b) Perform  $N_{test}$  episodes using the greedy policy learned. For all states  $s$ , count the total number of times  $n(s)$  that each state is visited during these trajectories.
3. Repeat until the desired number of options is reached:

- (a) Pick the state with the most visitations,  $T_{max} = \arg \max_s n(s)$ , as the target state for the option
  - (b) Compute  $n(s, T_{max})$ , the number of times each state  $s$  occurs on paths that go through  $T_{max}$
  - (c) Compute  $\bar{n}(T_{max}) = \text{avg}_s n(s, T_{max})$ .
  - (d) Select all the states  $s$  for which  $n(s, T_{max}) > \bar{n}(T_{max})$  to be part of the initiation set  $I$  for the option.
  - (e) Complete the initiation set by interpolating between the selected states. The interpolation process is domain-specific
4. For each option, learn its internal policy; this is achieved by giving a high reward for entering  $T_{max}$ , and no rewards otherwise. The agent performs Q-learning, by performing episodes which start at random states in  $I$  and end when  $T_{max}$  is reached, or when the agent exists  $I$ .

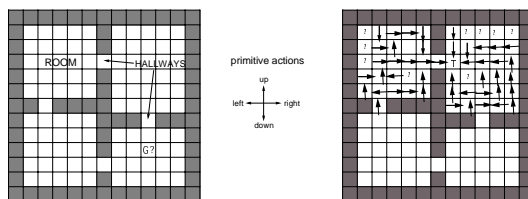
Once the options are found, we use SMDP Q-learning, as described in the previous section, in order to learn a policy over options.

Note that our approach is quite similar in spirit to that of McGovern and Barto (1998; 2001). But they are using data mining techniques (in particular diverse density) to learn from “good” and “bad” trajectories. We treat all trajectories in the same way. Our approach is probably the simplest implementation for the “bottleneck” state idea.

## 5 Experimental Results

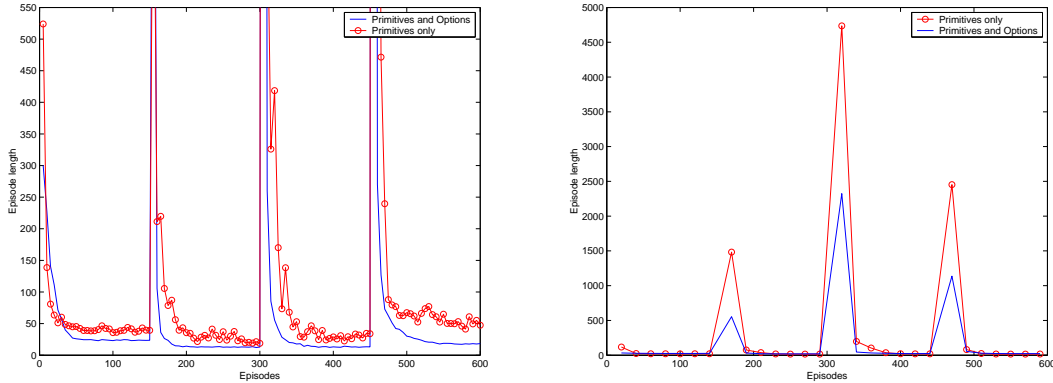
We experimented with this algorithm for finding options in two simple gridworld navigation tasks. The first one is the rooms environment depicted in Figure 1 (left panel). The state is the current cell position. There are four deterministic primitive actions which move the agent up, down, left and right. If the agent attempts to move into a wall, it stays in the same position, and no penalty is incurred. The discount factor is  $\gamma = 0.9$  and there are no intermediate rewards anywhere. The agent can only obtain a reward upon entering a designated goal state. We assume that the goal state may move from one location to another over time.

The hallway states are obvious bottleneck states in this environment, since trajectories passing from one room to another have to pass through the hallways. Hence, one would expect the option finding algorithm to work well in this context, finding options for going to the hallways.



**Fig. 1.** Rooms environment, and example option

We performed 30 independent runs of the algorithm. During each run, the option finding algorithm was used to find 8 options. During the option finding stage, 25% of the states were used as potential start and goal states for random tasks. We used  $N_{train} = 200$  episodes to learn Q-values for each pair of start and goal states. After learning, we used  $N_{test} = 10$  episodes to generate the state visitation counts. The initiation sets were constructed by creating a rectangular box around the selected initiation states for each option. This approach is specific for gridworld navigation, and would not be expected to work well in other domains. After the initiation sets and the targets of the options were selected, the internal policy of each option was found using Q-learning for 100 trials. One example of an option found by the algorithm is depicted in Figure 1 (right panel). The target state for the option is close to one of the hallways, but not exactly in the hallway. This behavior was consistent across all runs, and is due to the fact that the states near the hallways are traversed both by trajectories going between rooms and by trajectories inside a room. This behavior is also consistent with earlier findings of McGovern (1998). The figure also shows that the option policy has been learned for most initiation states, although some states have a suboptimal policy, while others have still not been visited (and hence have a random policy).



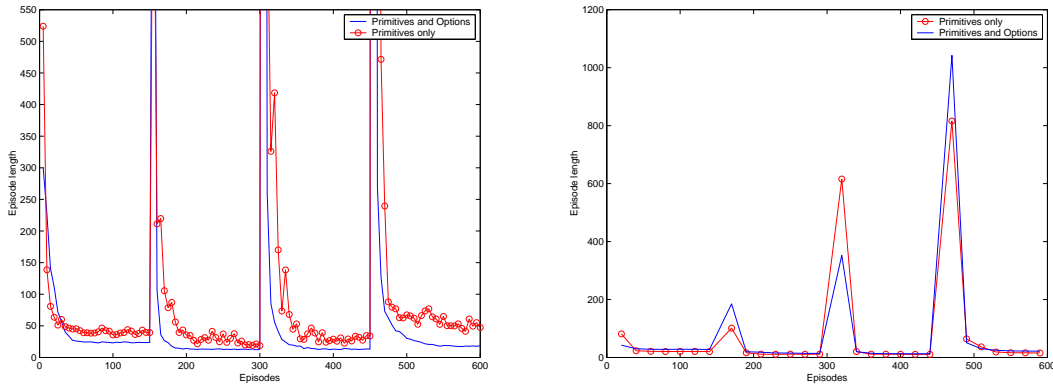
**Fig. 2.** Results for rooms environment

Once the options were learned, we compared the performance of a learning agent using primitive actions only to the performance of an agent using both primitive actions and options. Both agents used a learning rate  $\alpha = 0.1$  and  $\epsilon$ -greedy policy for generating behavior, with  $\epsilon = 0.1$ . We picked four different goal locations. The agents were trained for 150 episodes using a fixed goal location. Every episode consists of starting at a randomly chosen location and performing navigation actions until the goal is reached. After each 20 training episodes, we performed 5 test episodes, starting at random states and using the greedy policy to choose actions. After 150 episodes, the goal was moved, but the Q-values of each agent were retained, and the whole process was repeated.

The results for the rooms environment are depicted in Figure 2. The left graph shows performance during training, while the right graph shows the performance of the greedy

policy learned. As expected, using temporally extended options provides an advantage over using primitive actions only, although the number of actions to learn about has increased from 4 to 12. Preliminary results indicate that this advantage would be even larger if we would use a more efficient learning method, such as intra-option learning.

The second environment we experimented with was an empty  $11 \times 11$  gridworld, with no obstacles. In this environment, there are no bottleneck states. Hence, it is not obvious that the option-finding heuristic would work well. Our initial expectation was that the use of the options found would actually slow down learning.

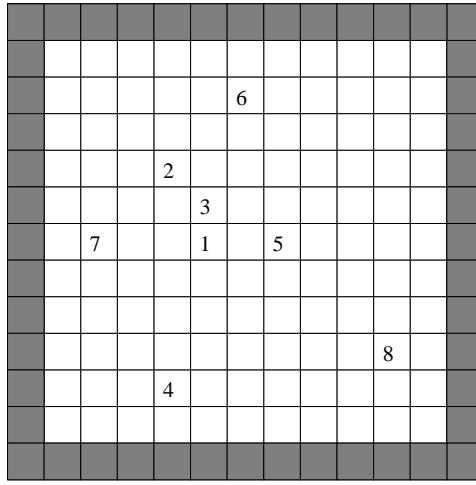


**Fig. 3.** Results for the empty gridworld environment. The left panel shows the performance during training, and the right panel shows the performance of the greedy policy learned.

We applied our algorithm to this environment in the same manner described above. The results are depicted in Figure 3. During training, it is clear that the use of temporally extended options is helpful. The result is not so clear for the greedy policy, though. In order to understand better the behavior of the algorithm, we looked at the options that were found in this environment. On every run, the algorithm first found one (or a couple) of options leading to one of the central states in the environment. Once the state visitation counts were decreased by eliminating the trajectories that went through the center states, the peak counts were spread over states in different areas of the grid. Hence, on virtually every run, the algorithm found some options for navigating to different parts of the grid. Of course, such options are useful in the case in which the goal state moves around the environment. One example of the goal states found is depicted in Figure 4. The goals are numbered in the order in which they were selected.

## 6 Future work

There are a lot of directions to be explored in option creation. We are currently investigating the use of more sophisticated learning and execution methods, such as intra-option learning and early termination, with our option finding heuristics. Also, note



**Fig. 4.** Option target states found during one run in the empty gridworld.

that our algorithm is currently using the assumption that a tabular representation of the value functions is possible. We are looking into way of lifting this assumption

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